

# March 2004 is Sutton Youth Soccer “Training Month”



## Friday March 5<sup>th</sup> 5pm to 7pm – Coach Night (All Coaches welcome)

An evening with a Mass Youth Soccer Staff coach, a typical session would start with a one hour presentation by a Mass Youth Soccer Staff Coach on a topic such as “Games to Improve Shooting”, “Zonal Defending”, or “Goalkeeping for Young Players”. The second hour will be used for informal questions and answers on anything the attendees want to talk about.

## Friday March 12<sup>th</sup> 5pm to 7pm – Coaching U6 (U6 coaches mandatory, all other coaches welcome)

U6 - A fun clinic and discussion that will include activities for 6 year-olds that facilitate social and motor development, as well as promote soccer skills and smiles. Discussion will cover management of a team and age appropriate concerns.

## Friday March 19<sup>th</sup> 5pm to 7pm – Coaching U8 (U8 coaches mandatory, all other coaches welcome)

U8 - This clinic and discussion will include activities for 8 year-olds that facilitate development of basic dribbling and passing skills and encourage paired play. Discussion will cover age appropriate concerns as different from U6.

## Friday March 26<sup>th</sup> 5pm to 7pm – Coaching Technical skills (All coaches welcome)

Technical Skills - The instructor will cover a variety of activities that addresses each and every technical specialty including dribbling, passing, receiving, shooting, and heading. Will not be as detailed as the more specific technical clinics but will cover the full breadth of topics.

**Participants:** These specialty clinics are free of charge to all SYS coaches and their assistants. Clinics will take place at the Sutton Elementary Gym. Please bring a ball (full of air), water, come dressed to play with indoor shoes or sneakers and shin guards. Please be there 15 minutes prior to start time.

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